# Physical Restraint and Use of Reasonable Force Policy

St John's College School fully recognises the responsibility it has under section 157 of the Education Act 2002 to have arrangements in

When can Reasonable Force NOT be a Reasonable force can never be used as a form of punishment.

# Guidelines for the Use of PhysicalsRaint

#### Do:

Summon help immediately. A pupil can be sent to get another adult.

Ensure a free passage of air through airways

Be aware of any feelings of anger

Continue to talk to the pupil in a calm way

Provide a soft surface if possible

Be aware of any accessories worn by you or the pupil that could cause injury

Monitor the pupil's respiration, circulation and state of consciousness

#### Don't:

Try to manage on your own

Stop talking, even if the pupil does not reply

Straddle the pupil

Push their arms up their back

Touch the pupil near the throat or head

Put pressure on joints or on arterial pressure points (inside of upper arm, groin, neck)

Use facedown holds

#### Recording hicidents

Minor or everyday use of reasonable force does not need to be recorded. For example pung children running off in the playground and being guided back to the line by the teacher or assistant. All more serious incidents involving the use of physical restraint must be reported to the Deputy Head or Head of the Junior Deput as soon as possible after the incident hese must be recorded on 3Sys using the reasons of Physical Restraint

### Telling parents when force has been used on their child

Staff need to use their professional judgement on whether to inform repta depending on the seriousness of the incident.

In a serious incident where member of staff has had tophysically restrain a pupil, the parent will be informed on the dayand the conversation must be followed up in writing to the parent.

## What happens if a pupil complains when force is used on them?

All complaints about the use of force should be thoroughly, speedily and appropriately investigated. Where a member of staff has acted within the lawhat is, they have used reasonable force in order to prevent injury, damage to property or disordethis will provide a defence to any criminal prosecution or other civil or public law action.

When a complaint is made the onus is on the person making the complaint to prove that his/her allegations are true it is not for the member of staff to show that he/she has acted reasonably. If an allegation of abuse is made against a member of staff, the processes out in the Safeguarding and Child Protection Policy will be followed.

The Designated Safeguarding Leadevent Strategy Leadend Online Safety Lead is: Lisa Bedford, Assistant Head (Past) (201223 272718)

The EYFS Designated Safeguarding Lead and Domestic Abuse Lead is: Althea Pipe, Senior Deputy Head and Head of the Junior Department (01223, 272729)

#### The Deputy Designated Safeguarding Leade

Steve Glitherow, Housemast (01223448760) and Althea Pipe, Senior Deputy Head and Head of the Junior Department (01223, 272729)