

Some Tips for Successful Music Practice

Practice *can* make perfect, but only if you practise in the right ways. Quality is more important than quantity.

General advice for parents

- Musical expertise is not necessary in order for you to be able to support your child effectively with her/his practice
- However, making music practice as fixed a part of the domestic routine as possible – making it 'normal' – is the single most effective contribution any parent can make.

Why practise and why is it important to practise in certain ways?

- to process what you did in the last lesson and to help you prepare to get the most out of your next lesson. It is a really good idea to practise after your lesson, on the same day, so that everything your teacher said to you is fresh in your mind.
- to train your brain to get things correct and to develop the muscles you need.
- most of all to help you to progress and, as a result, to enjoy your music more.

For starters (before you begin to play):

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- Try playing your scales and sections of pieces with different dynamics (including < and >) and